

Applies to the Following SKUs:

CLCN22
CLCN23
CLPR22

Background

Performing regular preventive maintenance can extend the life of the machine and reduce unscheduled downtime.

Interval	Action
After each use	<ul style="list-style-type: none"> Wipe down the machine. Refer to <i>WI-1006 - Cleaners and Lubricants</i> for more information.
Weekly or 50,000 feet climbed	<ul style="list-style-type: none"> Brush all 4 upright pulleys. Refer to <i>WI-1011 – Brushing the Upright Pulleys</i> for more information.
Biweekly or 200,000 feet climbed	<ul style="list-style-type: none"> Wipe debris from the upright tracks. Refer to <i>WI-1012 – Wiping the Upright Tracks</i> for more information. Check that the machine is level
Monthly or 400,000 feet climbed	<ul style="list-style-type: none"> Perform actions for biweekly interval Cycle power - disconnect power at the base, then reconnect power Check that: <ul style="list-style-type: none"> Pedal straps are in good condition Bottle holder is secure and in good condition Handles adjust easily There are no abnormal noises at all resistance levels Maximum reach is 20 inches Resistance levels 1 - 11 display on screen Physical resistance changes from 1 – 11
Quarterly or 1.25 million feet climbed	<ul style="list-style-type: none"> Perform actions for biweekly and monthly intervals Check upright belt tension Clean and grease the track on the handle carriages Check and tighten: <ul style="list-style-type: none"> Dip bar bolts U-base bolts Upright ankle bolts Remove and inspect pedal bolts for wear
Semi-annual or 2.5 million feet climbed	<ul style="list-style-type: none"> Perform actions for biweekly, monthly, and quarterly intervals Check that flywheels and calipers are aligned Check and tighten: <ul style="list-style-type: none"> Console drive system front and rear mounting bolts

	<ul style="list-style-type: none">○ Knob housing and fan bolts○ Actuator mounting bolts, link arm bolts, guide rod bolts○ Clean fan○ Grease jaw couplers and spiders
Annual or 5 million feet climbed	<ul style="list-style-type: none">• Perform actions for biweekly, monthly, quarterly, and semi-annual intervals• Check that decals are in good condition and legible